Creativity Action Service



CAS HANDBOOK

Student:

Class of:

Advisor:



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Description, Purpose and Requirements

Creativity, activity, and service (CAS) are at the heart of the IB diploma program. CAS is one of the three core elements in every candidate's diploma program. CAS involves you in a range of activities alongside your academic studies. IB DP candidates at Hellgate High School are expected to complete 18 months of continuous CAS activities over the course of your junior and senior years with a reasonable balance between creativity, activity, and service culminates in a Capstone Project. Activities originate from the classroom, Flagship programs, sports and arts events, and community service. CAS is academics made applicable to future projects, passions, and explorations.

Categories Described

Creativity: Creativity is applied and applauded at Hellgate! Arts, and other experiences that involve creative thinking like music, theater, fine arts, design, or creating a lesson or project could count as CAS activity. Art classes are not counted as CAS.

Activity: Physical exertion contributes to a healthy lifestyle, complementing academic work in the diploma program. Examples would include participation in any sport (school sports included), karate, jogging, etc. Regular PE classes don't count toward CAS.

Service: Unpaid and voluntary community contributions have a learning benefit for you. Service activities may involve others from our school, Missoula, or the international community. We prize service and your willingness to give back to our school through your contacts in the world. What are not acceptable as CAS activities are fund raisers that don't benefit others or your work at for-profit camps. Church activities are fine.

<u>Purpose: Learning Outcomes</u> CAS experience will show evidence of seven CAS learning outcomes at the end of 18 months. These outcomes correspond to the IB Learner Profile. Each candidate demonstrates that he or she can

- identify strengths and develop areas for growth.
- demonstrate that challenges have been undertaken, developing new skills in the process.
- demonstrate how to initiate and plan a CAS experience.
- show commitment to and perseverance in CAS experiences.
- demonstrate the skills and recognize the benefits of working collaboratively.
- demonstrate engagement with issues of global importance.
- recognize and consider the ethics of choices and actions.



<u>CAS Program Requirements</u> CAS experience is personal and should meet the needs of each individual IB DP candidate. In addition, certain program requirements must also be metCAS IB DP candidates are required to:

- self-review at the beginning of the CAS experience and set personal goals for what is hoped to be achieved through the CAS program 10 minute meeting with your advisor.
- plan activities and projects, carry them out, and then reflect on what you have learned in the process. You must use ManageBac to keep records of CAS activities and achievements, including a timeline of the principal activities undertaken.
- Complete interviews with a CAS advisor at the beginning, the mid-point, and the end of the CAS experience to discuss plans and progress.
- o show evidence of achieving each of the seven CAS learning outcomes.

Timeline and Evidence for Completion of CAS

Diploma candidates must complete and submit all of the following evidence for CAS activities on time. If you miss a deadline, your CAS status may be suspended.

Timeline

<u>Sophomore Activities.</u> IB diploma candidates fill out a form at the beginning of the junior year to set goals for the creativity, service and activity projects they plan to complete during junior year. Sophomore pre-program CAS activities do not count as part of the 18 months of required continuous CAS activities.

<u>Junior Activities.</u> Junior diploma candidates complete these assignments as part of the evidence for CAS completion:

- o "Final CAS Plan" 1st semester-September 20th
- "Interim reflection" focusing on 7 learning outcomes 2nd semester-May

IB diploma candidates are required to keep their junior CAS documentation to resubmit at the end of senior year for CAS. Please keep your papers in a safe spot or backed up on your computer!! Do not store solely on the school's server, as HHS student files are deleted after each year in June. Using ManagBac is ideal. All paperwork is copied and kept on file as backup for you by the CAS Coordinator.

<u>Senior Activities.</u> IB DP candidates complete these assignments as part of the evidence for CAS completion:

Mandatory meeting with Mr. Connelly to discuss your first year of progress.
 September



- Final CAS completion forms focusing on the seven learner outcomes due 2nd semester Mid-February
- Verification and documentation of CAS projects. This includes all CAS activity evaluation forms 2nd semester March
- Presentation Day, April-May

Evidence

<u>CAS Interim and Final (Year-end) Reflections.</u> The CAS Coordinator and the IB DP candidate's Advisor meets with junior and senior diploma candidates a total of 4 times in 18 months to help candidates reflect on their CAS progress. A coordinator will check completed reflections and other CAS evidence submitted by each candidate.

<u>CAS Completion Form.</u> IB requires that CAS IB DP candidates show evidence of having achieved the seven learning outcomes. The CAS Completion Form will summarize how each candidate has fulfilled this requirement. The CAS Coordinator must be convinced that a significant level of accomplishment has been reached, demonstrated, and documents in order to fulfill IB requirements. Since candidates can be called upon to produce their evidence of completion, we ask IB DP candidates to keep a record of the evidence they have on ManageBac. <u>The CAS Completion Form must be submitted to</u> the IB Coordinator upon completion of the program.

Evaluating CAS Activities and Projects

Your HHS adviser will track your weekly CAS progress on ManageBac and check in with you at your request. We ask you to reflect and report on what you are learning based on the seven learning outcomes. The delivery of your reports—written, audio, video—is recorded on ManageBac. To learn how to use these on-line tools and to submit your reflections to their advisor, attend the group meetings in the fall.

Hellgate HS faculty advisors will use a qualitative scale consisting of the seven IB CAS learning outcomes to guide you when you're trying to decide if your activity qualifies for CAS. The advisor bases his or her evaluation on your current abilities and your personal qualifications to achieve your stated goals for each activity and project. The advisor also uses learning outcomes to gauge your awareness of problems at the time of planning and during field work.

TOK Connections

"Whoever acquires knowledge and does not practice it resembles him who ploughs his land and leaves it unsown." (Sa'di). Are there responsibilities that necessarily come with knowing something or knowing how to do something? To whom might these responsibilities be owed? (TOK guiding question)

IB DP candidates learn in their Theory of Knowledge classes at the end of their junior and beginning of their senior year that there are three ways of knowing: through



emotion, reason, and language. By choosing, planning, doing and reflecting on CAS activities, candidates practice all these ways to know.

The balance that comes in recognizing how our emotions guide us to act can be invaluable when IB DP candidates reflect on their CAS activities. Candidates studying knowing through reason may be well equipped to solve problems logically as they occur during their Capstone Projects. Also useful is the consideration of ethical behavior when accomplishing learning outcomes such as working collaboratively with others and engaging with issues of global importance. The refinement of language as candidates reflect on their accomplishments and present them to the Missoula community is another way of knowing they have succeeded in completing CAS.

Life-Long Benefits of CAS or How to have "A Life" while in the IB Program)

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    + manage stress and time +make art + get in-depth knowledge +play with others
    +get in shape + experiment with learning new things + develop new skills
    +design projects + choose your own activities +climb out of your comfort zone
    +use on college applications + learn about yourself and your strengths
    + get credit for your creativity in problem solving + connect locally and globally
    +build your skill set + get ready for college and a career
```

Creativity, Activity, and Service Interest Inventory—1st Meeting/Interview

| 1. | What was one of your greatest accomplishments? Did this change your life? What did you learn from it? |
|----|---|
| | |
| 2. | What are you really good at? |
| | |
| 3. | Name one skill or activity that you have always wanted to try but that you haven't yet. |
| | |
| 4. | Why would you like to try this? |
| | |
| 5. | Name a person you have always admired. What qualities does this person have that you don't? |
| 6. | What's different about you now compared to what you were like five years ago? |



Conclusions:



Creativity, Activity, and Service Contract—1st Meeting/Interview

| Du | ie to CAS Coordinator on | |
|--|---|--|
| Student: | Advisor Signature: | |
| com rece Studinfor Studinfor Studinfor Studinfor Studinfor Dem Dem Dem Dem Dem Dem Dem | lents complete 18 months of continuous CAS activities. Time towar mitment begins fall of junior year. This contract marks the start of ipt. If late, student time begins on receipt of the contract. Itents attend all CAS meetings. If not, student must contact CAS coordents check their GAFE email and ManageBac accounts regularly formation. Itents will submit documentation (Plans, this contract, interim and fections) on time or risk a poor evaluation and withholding of IBDP. Itents will show evidence of significant level of accomplishment has seet to the seven learning outcomes. Itifying own strengths and develop areas for growth. Inonstrate that challenges have been undertaken, developing new skills itenstrate how to initiate and plan a CAS experience. In commitment to and perseverance in CAS experiences. In constrate the skills and recognize the benefits of working collaboratively. In constrate engagement with issues of global importance. In opposite and consider the ethics of choices and actions. | each CAS upon rdinator directly. r important CAS final year-end been reached with n the process. |
| | that you have read and understand the above expectations by sign your parents sign, then return this contract to the CAS Coordinator | : |
| ;, guardian(s | (print IB DP candidate) with | n my parent(s) or ave read the |
| , | am aware of the IB diploma requirements and Hellgate | |
| | ns. We understand that failure to meet these requirements | |
| | e IB CAS Handbook may result in the denial of an IB dip | |
| Signed | | |
| G | (Student) | (date) |
| | (Student phone (text) | uil address) |

(date)

(date)

(Parent/guardian)

Signed_

Approved_

(CAS Coordinator)



Ideas for CAS Projects

CREATIVITY IDEAS FOR CAS ACTIVITIES/PROJECTS

Dance Organizer Playwriting Piano concert

Ballet lessons Mural painting Architectural design

Welding a sculpture Installing Public art Ad Campaign
Creating a plan for an event DJ at a dance Costuming a play
Building a website Making a map Stand up Comedy

ACTIVITY IDEAS FOR CAS ACTIVITIES/PROJECTS

Sports Coach/Player Salsa Dance Political Activist

Blood Drive/Donor Becoming a Mime

COMMUNITY SERVICE IDEAS FOR CAS ACTIVITIES/PROJECTS

Model United Nations Jeanette Rankin Peace Center

Friends of the Missoula Public Library MCAT
Girl/Boy Scouts United Way

Student Government Missoula Trail projects
Big Brothers and Sisters Missoula Food Bank
Poverello Center Lunch Pail Pals
S A V F

S.A.V.E. Community Gardens HHS Rooftop Garden YMCA sports coaching

Little League Baseball coaching Animal Shelter/Humane Society

Montana Conservation Corps GUTS

Literacy Volunteers Canvassing for Political Campaigns

Hospice MAM, Ft Missoula Museum,

Museum of Arts and Culture Habitat for Humanity

Special Olympics HHS/Regional Poetry Out Loud

Senior Citizen Center

Your Ideas:



Pre-Program Reflection and Goal Setting—Bring to your first Inetrview (Fall, Juniors)

| Name: Email address: | | Advisor: Class of | Date Due: |
|---|------------|----------------------|--------------|
| CAS: TA | ASK, ACTIV | ITY OR PR | OJECT? |
| TASK | ACTI | | PROJECT |
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| WHICH TASKS COULD BECOME AN ACTIVI TASK->->->->->->->->ACTIVITY | | | |
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Pre-Plan: Learning Outcomes--Turn in to

Mr. Connelly after your interview (Fall, Juniors)

| List possible activities from your re-planning to accomplish the learning outcomes below |
|--|
| Identify own strengths and develop areas for growth. |
| |
| |
| Demonstrate that challenges have been undertaken, developing new skills in the process. |
| |
| |
| Demonstrate how to initiate and plan a CAS experience. |
| |
| |
| Show commitment to and perseverance in CAS experiences. |
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| |
| Demonstrate the skills and recognize the benefits of working collaboratively. |
| |
| |
| Demonstrate engagement with issues of global importance. |
| |
| |
| Recognize and consider the ethics of choices and actions. |
| |



Final CAS Plan: Jrs Fall Meeting Due to Coordinator on _____

| Name: Class of | Advisor: Today's Dat | re: | |
|--|-------------------------|---------|--|
| Circle your strongest area. Put a star by your most challenging area. List Possibilities in each category after talking things over with your advisor. Turn this plan in to CAS coordinator. | | | |
| CREATIVITY | ACTIVITY | SERVICE | |
| | | | |
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| | | | |
| | | | |
| Junior CAS Interim Reflection Guide (Due January) | | | |
| Senior CAS Interim Reflection Guide (Due December) | | | |
| Below are several objective reflection questions to use when you write your interim reflection. 1. What CAS activities did I plan to do? | | | |
| 2. What did I do? What were my principal occupations? | | | |
| 3. What were my learning outcomes? | | | |
| 4. When did it work best | for me to do it? | | |



- 5. Who helped me?
- 6. Which categories did my activities fall under/overlap?
- 7. Which learning outcomes did I accomplish?

Here are several subjective reflection questions to use when you think about your CAS experiences:

- 1. How was the amount of time I put into my activities reflective of my passion for them?
- 2. What unexpected things happened as a result of my CAS activities?
- 3. What will I be able to do next as a result of my learning?
- 4. Who might I seek out next to mentor my next CAS activity?
- 5. How will I use my advisor's feedback?
- 6. Overall, what will I remember most about these experiences?



Creativity, Activity, and Service Reflection Examples

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Hospital Volunteer
                                                                                         I am not quite sure how exactly to write this reflection, so I will tell you about the work of the sure of the sur
                                                                                      I am not quite sure how exactly to write this reflection, so I will tell you about the sure how exactly to write this reflection, so I will tell you about the sure how exactly to write this reflection, so I will tell you about the sure how exactly to write this reflection, so I will tell you about the sure how exactly to write this reflection, so I will tell you about the sure how exactly to write this reflection, so I will tell you about the sure how exactly to write this reflection, so I will tell you about the sure how exactly to write this reflection, so I will tell you about the sure how exactly to write this reflection, so I will tell you about the sure how exactly to write this reflection.
                                                                              Last Saturday, I went to volunteer at the hospital as usual, and I expected to page beds.
                                                                            Last Saturday, I went to volunteer at the hospital as usual, and I expected as which were, this Saturday, a nurse asked me to make chicken noodle soup i
                                                                         Copy and file papers, ask patients if they need anything, or change beds.

Advised about making the chicken noodle soup because my work.
                                                                      Patient. I was saturday, a nurse asked in the hospital is extremely limited and not too stimulating due to the fact that I am a
                                                                    patient. I was excited about making the chicken noodle soup because my work at a can of Campbell's
                                                                 the hospital is extremely limited and not too stimulating due to the fact that I am such a simple task,
                                                              Student Without any certification. All I was to do was open a can of Campbell's not supposed to put cans in the microwave. Ignorant of
                                                           Chicken Noodle Soup and put it in the microwave. This was such a simple task in the microwave. I put the whole can in the microwave. I put the microwave. I put the microwave. I put the microwave. I put the microwave.
                                                          this crucial fact, I put the whole can in the microwave.
                                                   Oh my... let's just say that the poor pregnant lady never got her chicken noodle
                                            Standing in front of that black microwave, I had one of the most profound to do the most practice
                                         Standing in front of that black microwave, I had one of the most profound machine or the dishwasher. As an IB stude
                                      epiphanies. I never realized that I did not know how to do the most practical around; I not on doing the laundry or washing the
                                 things, such as using the washing machine or the dishwasher. As an IB student as I stood in front of the microwave realizing
                              dishes. I had always left these "trivial" things for my mom to do based on the chicken noodle soup, I also realized that practical
                           excuse that I needed to study. But as I stood in front of the microwave realizing as important as trigonometry and centripetal acceleration.
                        that I was not going to get the chicken noodle soup, I also realized that practice and never will I dismiss practical
                      knowledge was just as important as trigonometry and centripetal acceleration.

Rever will I put another can in the microwave, and never will I dismiss practical new growth may not
                    Never will I put another can in the microwave, and never will I dismiss practice.

This student's epiphany could not be anticipated, ye
                 Anowledge as merely trivial. This passage underscores how growth may not experience, personal growth.
              her reflection clearly meets the alms of a CAS experience, personal growth.
         I am quite sure that you now have a totally different opinion of me after this a silly incident, but believe me when I say that it was not so silly
      I am quite sure that you now have a totally different opinion of me after this is how I was not so silly incident.
    incident. It is a silly incident, but believe me when I say that it was not so silly supposed to reflect my experience, so please e-mail me back and let me know if
 when I realized that I broke the microwave. I am still not sure if this is how I was a happy Friday!
supposed to reflect my experience, so please e-mail
```



As part of their holiday celebrations, the teachers at De la Volière School

They needed many volunteers to a part of their children

Organized workshops for their children As part of their holiday celebrations, the teachers at De la Volière School lead organized workshops for their children. They needed many volunteers to lead organized workshops for their children. They needed many volunteers to lead organizers explained the programme for the workshops (When I arrived the workshops). organized workshops for their children. They needed many volunteers to lead the programme for the the workshops. When I arrived, the organizers explained the afternoon the children afternoon and what was expected of me Primary School Workshop Leader the workshops. When I arrived, the organizers explained the programme for the children afternoon, and what was expected of me. Throughout the afternoon and what was expected of me to another where different activities and their teachers moved from one room to another. arternoon and what was expected of me. I hroughout the attemoon, the children and their teachers moved from one room to another, where different activities and their teachers moved from one room to another.

My activity did not last as long as expected. I therefore had to think of new names in order to fill un the time allotted for my workshop. NIVY activity did not last as long as expected. I therefore had to think of new Over all, the games over all, the games in order to fill up the time allotted for my workshop. I tried to maintain order and calm his games in order to fill up the time allotted for my workshop. games in order to fill up the time allotted for my workshop. Over all, the games of the same allotted for my workshop. Over all, the games allotted for my workshop. Over all, the games of the same classes were unruly. I tried to maintain order and calm, but some classes were unruly. I had never worked with children went alwave exercecefully Refore this project. I had never worked with children alwave exercecefully Refore this project. Went well, but some classes were unruly. I tried to maintain order and calm, but well, but some classes were unruly. I tried to maintain order and calm, but not always successfully. Before this project, I had never worked with children, not always successfully. Before this project, I had never always heen a fairly not always never considered how hard it would be I have always heen a fairly and I had never considered how hard it would be not always successfully. Before this project, I had never worked with children and I had never considered how hard it would be. I have always been a fairly and I had never considered how hard it would be according with children according to the successful that working with children according to the successful that would be according to the successful that we according were taking place. and I had never considered now hard it would be. I have always been a rainy with children, especially such young with children, especially such young impatient person and I realized that working with children, especially such young ones. requires a huge amount of nationce. I saw realiv turbulent and ones, requires a huge amount of nationce. ones, requires a nuge amount of patience. I saw really turbulent and I came troublesome children, and I saw both patient and exasperated teachers and I saw both patient and exasperated teachers and its in academic education to understand the very important role of teachers not just in academic education. impatient person and I realized that working with children, especially so ones, requires a huge amount of patience. I saw really turbulent and ones, requires a huge and I saw both nations and expensions and I saw both nations and expensions of the patient and expensions of th troublesome children, and I saw both patient and exasperated teachers. I came to understand the very important role of teachers not just in academic education to understand the very important role of the understand the very important role of children are in the encialization of children

Honestly, I didn't really enjoy this activity. I realized that I probably don't have the Nonetheless I was able to develop the school children Nonetheless I was able to develop right personality to work with school children. Honestly, I didn't really enjoy this activity. I realized that I probably don't nave the Nonetheless, I was able to develop Nonetheless, I was able to devel right personality to work with school children. Nonetheless, I was able to develon the interact with I also learned how to interact with I also learned how to interact with I also learned how to reach it attention and how to achieve order and calm in the children how to canture their attention and how to achieve order and calm in the children how to canture their attention. but also in the socialization of children. my patience and my workshop leader skills. I also learned how to interact with the children, how to capture their attention, and how to achieve order and calm in the children, how to capture their attention.

classroom.

CAS Year-End Reflection Guide (Juniors Due April ____)

CAS Year-End Reflection Guide (Seniors Due February ____)

Below are several reflection questions to use when you write your final reflection.

- 1. How did my plans turn into reality with my chosen CAS activities?
- 2. What were the themes that emerged from my CAS activities?
- 3. How did I meet all eight CAS learning outcomes?
- 4. Who do I have to thank for mentoring and advising me? Who taught me new skills?
- 5. Which categories did my activities fall under/overlap?
- 6. How was the amount of time I put into my activities reflective of my passion for them?
- 7. What unexpected things happened as a result of my CAS activities?
- 8. What will I be able to do next as a result of my learning?
- 9. Overall, what will I remember most about these experiences?
- 10. How will I use my experiences in the future?



Fall Senior Plan for Capstone Project (Due ___)

| NAME: | CLASS OF | IODAY'S DATE |
|----------------|-----------------------------|----------------|
| EMAIL: | ADVISOR: | |
| | | CT 3) |
| CREATIVITY | CATEGORIES (AT LEA ACTIVITY | SERVICE |
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ACTIVITES TO CONNECT LEARNING OUTCOMES (Some may overlap)

| Identify own strengths and develop areas for growth. |
|---|
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| |
| Demonstrate that challenges have been undertaken, developing new skills in the process. |
| |
| |
| Demonstrate how to initiate and plan a CAS experience. |
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| Show commitment to and perseverance in CAS experiences. |
| |
| |
| Demonstrate the skills and recognize the benefits of working collaboratively. |
| |
| |
| Demonstrate engagement with issues of global importance. |
| |
| |
| Recognize and consider the ethics of choices and actions. |
| |



Creativity, Activity, and Service CAS FAQs

- 1. **What does CAS stand for?** Creativity, Activity, Service
- 2. **What does the IB DP require for CAS?** 18 months documented continuous CAS activities per student. These activities must culminate in an Capstone Project that encompasses 1/3 of your total time (about 75 hours). Sophomores may begin their pre-CAS work in the summer, but this does not count for CAS activity.
- 3. **What is the Capstone Project?** A project that captures your heart, imagination, and desire to learn more. It grows out of one of your CAS activities and is a combination of two categories. It can be international in scope or centered here at home. The Capstone Project counts for 1/3 of total CAS time.
- 4. **Can I do my Capstone Project with another person or a group?** Yes. It is actually one of the required learning outcomes of CAS that you work with others.
- 5. **How is a CAS Capstone Project like a senior project?** It is a requirement of the IB Diploma, just like the senior project is a requirement for graduation for non-IB students. You will make a presentation of your capstone project, collect documentation of your activities, and reflect on your learning like other seniors do.
- 6. **Is it different than the senior project?** You do not record hours.
- 7. What happens if I am an IB certificate student? Do I need to do CAS? No, you do an HHS capstone project.
- **8. How is CAS assessed?** By reflecting on seven learning outcomes. Your advisor will be looking for a level of accomplishment on your part. As a result of you CAS experiences your reflections will show evidence that you can:
 - Identify your own strengths and develop areas for growth.
 - > Demonstrate that challenges have been undertaken, developing new skills in the process.
 - Demonstrate how to initiate and plan a CAS experience.
 - > Show commitment to and perseverance in CAS experiences.
 - > Demonstrate the skills and recognize the benefits of working collaboratively.
 - Demonstrate engagement with issues of global importance.
 - Recognize and consider the ethics of choices and actions.



9. What determines if the activity is valid for CAS credit?

- It must be carried out with at least one other person. For example, running by yourself doesn't count; creating a running club and running with others during planned times does.
- It must have an adult supervisor (someone other than a parent of the student seeking credit) who will be able to document that the activity was carried out in a responsible manner and give written feedback.
- CAS activities should involve some thought and challenge for students and meet at least one, if not several CAS learning outcomes.
- All activities must be documented with written comments and signature from the supervising adult, which is turned in during scheduled CAS meetings with advisers.
- No payment can be accepted for CAS activities. Service activities should be done for non-profit organizations.
- Church activities do not count because IBO considers church "family" unless it involves fund-raising or work for a cause outside the immediate church community, such as emergency relief, or building schools or hospitals. Anything related to religious proselytizing is not accepted by IBO.
- Any CAS activities initiated by students must be approved by the CAS coordinator beforehand to assure acceptance.
- 10. **Besides actual CAS activities, what other CAS requirements are there?** Evidence of meaningful reflection that includes evidence of learning outcomes must be written and submitted to the CAS coordinator and adviser. Attendance of all required CAS meetings. Documentation of CAS activities—videos, photos, scrapbooks, journals, newspaper articles, blogs, prezis and PowerPoints, audio—and other approved medium.
- 11. **What if I'm not sure about something?** Don't hesitate to ask for help—there are some areas of CAS that depend on your intentions and goals and sometimes it can be hard to know what's acceptable.



Hellgate High School Academic Honesty Guidelines

The Hellgate High School community values personal and academic integrity in all of our classrooms, programs, and activities. The Hellgate Knight Code states that we will "seek nothing before honor." The IB Learner Profile also refers to *Principled Students* as those who "act with integrity and honesty, with a strong sense of fairness, justice and respect for the dignity of the individual, groups and communities. They take responsibility for their own actions and the consequences that accompany them." To underscore these codes of honor, we agree on the following principles of Academic Honesty. Understanding and gaining the practical skills to apply these concepts to the academic environment is our goal.

Intellectual property: Thoughts, words, expressions of creativity that are protected under copyright, patent, trademark or other laws.

Authenticity: An individual's original work, with full and appropriate acknowledgment of other's language, expression, and ideas.

Collaboration: Cooperating on a common academic project by sharing information, while maintaining one's own independent analysis.

Malpractice: Actions that give a student unfair academic advantage or affects the results of another student. These may include, but are not limited to:

- Plagiarism: Representing the ideas or works of another without proper acknowledgment or as one's own, whether intentional or not.
- Cheating: Intentionally using or attempting to use unauthorized materials, information, or study aids in any academic exercise.
- Collusion: An illicit agreement between students to copy one's original work for assessment by another.
- Fabrication: Deliberate falsification of any information.
- Facilitation: Assisting another student to violate the standards of academic honesty.
- Duplication: Submission of the same required academic work for more than one course.

Despite our best efforts to teach the principles of academic honesty, the temptation for malpractice may be too great for some students to resist. Hellgate teachers and administrators will exercise their good judgment and consistency to apply a wide range of academic consequences for violation of this academic honesty policy in accordance with the severity of the infraction. In addition, the impact of a student's actions may have far-reaching effects on GPA and class standing, potential recommendations for scholarship awards, and acceptance to a college or job of their choice.

| have read and understand Heligate High School's IB Academic Honesty Policy. | | |
|---|------|--|
| Student Signature | Date | |



MCPS Volunteer Background Check Materials

MCPS requires that all adults working with students must complete a background check. To initiate the volunteer process there are a few simple steps to complete:

- 1. On the MCPS website (<u>www.mcpsmt.org</u>) home page, go to the left-hand side, and under the *I want... to* heading, click on the 6th bullet down (Volunteer in a classroom or school) and this link will take you to the Volunteer Resources
- 2. Next, on this Volunteer Resources page, go to the left-hand side and click on the 2nd bullet down (Register as a volunteer) and complete the MCPS

 Volunteer Registration form and submit it online. You may also read and print the Volunteer Confidentiality Agreement here. (We ask that you use the online form if possible, but you may also submit the printed Registration Form if you prefer.)
- 3. Finally, complete the <u>Background Check</u> form. This form must be mailed or hand-delivered to the Human Resource Office in the MCPS Administration Building at 215 S 6th St. W., Missoula, MT 59801. There is a \$6.50 fee to complete the background check, and we ask that the mentor consider absorbing this cost if possible. Please make checks for the processing fee out to MCPS and put the name of the person being background checked in the memo line.

If you have any questions, please contact your CAS Coordinator

To be included at front of Portfolio, removed by Advisor for evaluation; NOT INCLUDED FOR PRESENTATION



Creativity, Activity, and Service

CAS PORTFOLIO CHECK-OFF

| CAS Advisor | _ |
|---|---------------|
| This check-off is to ensure the readiness of your portfolio for p | presentation: |
| Item | Check-off |
| Visual Timeline and Sign-off Sheet | |
| Table of Contents | |
| Introduction (divider labeled as such): | |
| Thank You Letter to Judges | |
| CAS Contract | |
| Capstone Project Plan | |
| Extended Essay (divider labeled as such): | |
| Final Essay with Advisor's predicted score | |
| Optional: Project Planning Timeline | |
| Project Log | |
| Creativity (divider labeled as such): | |
| Description and Learning Outcomes | |
| Documentation (pictures, reflections from MB) | |
| Supervisor Reviews | |
| Action (divider labeled as such): | |
| Description and Learning Outcomes | |
| Documentation (pictures, reflections from MB) | |
| Supervisor Reviews | |
| Service (divider labeled as such): | |
| Description and Learning Outcomes | |
| Documentation (pictures, reflections from MB) | |
| Supervisor Reviews | |
| Presentation (divider labeled as such): | |
| Outline of presentation | |
| Appearance of Portfolio | |
| Pages in order | |
| Neatness; Cover Sheet; Dividers | |
| Acceptable for PresentationRevisions Necessary | 7 |
| Advisor's Signature Date _ | |